**Your guide to Choice in Community Living**

**Choosing how you live, where you live and who you live with.**

**What is Choice in Community Living?**

Choice in Community Living is the opportunity for disabled people in Auckland and the Waikato, Hutt, Otago and Southland regions to move out of a residential facility or their family home and into their own home.

It gives you and your family/whānau choice and control over how you live, where you live and who you live with.

It is part of the Ministry of Health’s New Model for Supporting Disabled People. The New Model is a new way of supporting disabled people to achieve their goals and have more choice and control over support and funding in their everyday lives.

**Who is Choice in Community Living for?**

Anyone living in a group home or anyone who has disability support needs similar to someone in a group home may be able to take part.

**How do I use Choice in Community Living?**

Talk to a Needs Assessment and Service Coordination (NASC) organisation: Taikura Trust (Auckland), Disability Support Link (Waikato), Life Unlimited (Hutt) and Access Ability (Otago/Southland). They will work with you and your family/whānau to see if Choice in Community Living is right for you. The NASC will also help you through an assessment process to determine the amount of funding you will receive.

Choose a provider: You can choose from one of eight contracted providers in Auckland and the Waikato and one of five contracted providers in each of the Hutt and Otago/Southland regions. It is a good idea to talk to potential providers about how you want to live, so you can choose the provider that will suit you best.

Develop a plan: Think about what you want to do in your life. You can make your plan with your family/whānau, friends, your provider or another agency. Think about your strengths and interests. Don’t worry if your plan changes over time.

Put your plan in place: Once you’ve made your plan and it has been signed off with your NASC, your provider will help you make it a reality. This includes helping you find the right house and the right support so you can move into your new home and achieve your goals.

Enjoy your new life: Your provider, family/whānau and friends can keep supporting you once you are in your own home to make sure your plan is working well for you and that you have the support you need to achieve the life you want.

**Where can I get more information?**

To get more information about Choice in Community Living, contact:

Taikura Trust (Auckland)

Email: [info@taikura.org.nz](mailto:info@taikura.org.nz)

Phone: 0800 824 5872

Disability Support Link (Waikato)

Email: [dsloffice@waikatodhb.health.nz](mailto:dsloffice@waikatodhb.health.nz)

Phone: 0800 55 33 99

Life Unlimited NASC (Hutt)

Email: [info@lifeunlimited.net.nz](info@lifeunlimited.net.nz%20)

Phone: 0800 008 011

Access Ability NASC (Otago/Southland)

Email: <otago@accessability.org.nz>

Phone: 0800 758 700

To find out more about the New Model for Supporting Disabled People, visit the Ministry of Health’s website, [www.health.govt.nz](http://www.health.govt.nz), and search for New Model.